Show the names of all Acrobat menu items in the JavaScript console.

If the JavaScript console doesn't open automatically proceed as follows:
Acrobat 7: Select the "Advanced, JavaScript, Debugger" menu item.
Acrobat 8 and 9: Select the "Advanced, Document Processing, JavaScript Debugger" menu item.
Acrobat X and XI: Click on "JavaScript Debugger" in the "JavaScript" panel in the "Tools" pane.